Can I Participate in



If you answer **YES** to any of the questions below, you may not be able to participate in **SeaTREK**. If you have any concerns you should consult with your physician prior to participating.

Yes	No
	Are you more than 3 months pregnant?
	Do you have a history of heart attacks, strokes, heart disease, or congestive heart failure?
	Do you have asthma or wheezing with breathing or exercise?
	Do you currently have a cold, sinusitis or bronchitis?
	Do you have any form of lung disease (such as: COPD, emphysema, pulmonary hypertension)?
	Do you have high blood pressure or take medicine to control it?
	Have you ever had heart surgery, angina or blood vessel surgery?
	Do you have any history of diabetes affecting your ability to participate in a strenuous activity?
	Do you have problems equalizing (popping) ears with airplane or mountain travel?